

# FIRST CALL



## Employee assistance services

### Counseling Services

- 5 short-term counseling sessions with a licensed counselor, via telephone or video
- Coverage for household members and dependents
- 24-hour live telephone coverage
- Referrals to specialists, treatment programs, support groups, community resources
- In the moment support
- Comprehensive website with a wealth of materials to assist you with everyday stressors

### Legal & Financial Services

- Free 30-minute consultations with an attorney or financial counselor
- Attorney fees discounted 25% for more extensive legal needs
- Simple wills drawn up free of charge
- Free review of up to 6 pages of legal documents
- Financial counselor fees discounted 15% if additional retainer is needed
- Employee parents and parent-in-laws eligible

### WorkLife Services

- Childcare and eldercare consultation and searches
- Monthly webinars
- Consultation on adoption, college, travel, pet care, relocation, etc.
- Self-Assessment tools and Live Well wellness program
- Live chat with a WorkLife Specialist

Go to [firstcalleap.org](https://firstcalleap.org) and click on the briefcase that says

Member Portal

Login: **bewell**

Password: **firstcall**

### Health Care Advocacy

- Consultation on health care matters
- Insurance claims questions or concerns
- Locating health care professionals
- Research on treatments
- Transfer of medical records
- Prescription options
- Centers of excellence

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For more information:

24/7 Helpline 800.382.2377 | [firstcalleap.org](https://firstcalleap.org)