



Save time and money. Switch to a 90-day prescription.

Your prescription benefits plan gives you the option to obtain a 90-day supply of routine medications for chronic conditions like high blood pressure, diabetes, or high cholesterol through a retail pharmacy or delivered to your home or office via a mail-order pharmacy.



Top three reasons to switch:

01

Get more for less:

90-day prescriptions typically cost less than three individual claims for a 30-day supply.

02

You're more likely to take it:

90-day supplies have been shown to improve adherence and therefore, improve health outcomes.

03

Easy ordering via mail service or a participating pharmacy:

Just have your prescriber write a prescription for a 90-day supply* and send it to your mail-order pharmacy or take it to a retail pharmacy in your network.

30-day supply	Vs.	90-day supply
\$150 (\$50x3)		\$100 each
In the above example you could save \$50		

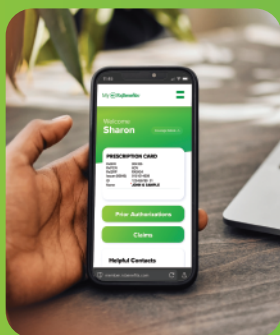


To locate a pharmacy, go to [express-scripts.com](https://www.express-scripts.com) or use the **Express Scripts** mobile app

*Not all maintenance medications are eligible. Your physician will know which ones you can choose this option for and begin saving money.

We are here to help

- **Chat:** With a live agent by registering for the RxBenefits member portal at Member.RxBenefits.com, Monday-Friday, 9:00 a.m. to 6:00 p.m. Central
- **Email:** CustomerCare@RxBenefits.com, Monday-Friday, 7:00 a.m. to 8:00 p.m. Central
- **Call:** Talk to RxBenefits Member Services at 1-800-334-8134, Monday-Friday, 7:00 a.m. to 8:00 p.m. Central



Access your pharmacy benefits information 24/7 from any device by registering on the My RxBenefits member portal at **Member.RxBenefits.com**.

Once registered, you can view and download your ID card, set up your communication preferences, access real-time prior authorization status and up to 18 months of PA and claims history, chat with a live agent, and so much more.

